



The Top Performer Formula – Maintaining Peak Performance

Be the best you can be.

We are continually faced with great opportunities brilliantly disguised as insoluble problems.

Do you have a sense that you could be achieving better results in Sales, Customer Service or Management?

This one day programme will show you how to put into practice the powerful resources that you already have inside you. A clear sense of focus, a positive attitude, a structured approach and best practice drawn from some of the UK's leading businesses.

Today's market is tough. To achieve the success that your inherent talent deserves requires a powerful mix of a winning attitude, knowledge of your area of business and skills training drawn from wide experience.

The aim of this programme is to **re-energise your self belief, enhance your self esteem, develop your skills** and leave you feeling **hungry to face the challenges in today's business world.**

The good news is that having trained literally thousands of sales people and business owners, we know that most people have what it takes to achieve success. Unlocking that inner strength is a passion for us at Lammore.

The reality is that knowing what do to achieve the results you desire is often not the hard bit, it's doing it consistently, willingly and with passion that makes the difference. Winning habits are easy to form but it's much easier not to bother. You will leave this programme with a clear strategy for success and a fire in your belly that will you drive you onto action.

We give you the keys to high performance and show you how to sustain your passion for success.

Peak Performance is an intensive programme that gives you the techniques and skills you need to maintain positive action.

Here are just a few comments from our delighted clients:

YELL “..produced the best ever set of results in the history of Yell.”

NHS “Lammore met the specification and programme outcomes perfectly. Absolutely brilliant!”

GOOGLE “..an outstanding training experience.”

OPODO “..training content very relevant and focused for delivering benefits in my role.”



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You will be able to:

- Understand the secrets of the Top Performer Formula
- Be able to sustain attitude, performance and motivation at their optimum level
- Create a compelling vision for the future
- Develop an empowered belief system
- Appreciate the power of positive self talk
- Understand how the brain is 'wired' and how it affects your ability to perform
- Unlock your inner potential

Who should attend?

- Anyone who wants to be the best they can be

Here are three great reasons for attending the Top Performer Formula - Maintaining Peak Performance programme:

At Lammore Consulting, our mission is to provide training events that entertain, inspire and make a difference.

Inspire: Our delegates come away from our programmes feeling inspired and ready to meet their challenges head on. The material has been researched and written to meet key business needs in the real world.

Entertain: We promise to deliver our training events in an upbeat and fun way. Our speakers are professionally trained and experienced in the world of business and entertainment, and know how to engage an audience.

Make a Difference: A training workshop is only effective if the learning is implemented. All delegates attending a Lammore development programme are followed up through regular online contact to ensure that their personal development plans are being put into action. In addition we encourage 'Action Learning' events to take place within one month of the training being undertaken to re-enforce the key messages of the programme.

“ an outstanding training experience ”
google

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MASTERFOODS “..more original and energising than any management book..”

AUTOTRADER “..fun style of training..coupled with in depth knowledge..”
